



Take a Challenging Walk to Clifton Park on the Ten Toe Express

TOTAL WALK DISTANCE: 1.25 miles

Clifton Heights is a hilly neighborhood of curved streets surrounding Clifton Park, just west of "The Hill". This lovely secluded area offers a more challenging walk than most city neighborhoods - almost nothing is straight or level. The spring blossoms and the unusual number of large wood-frame houses are worth the extra effort.

Directions:

- Take MetroLink to Forest Park Station, then transfer to MetroBus #90 Hampton southbound.
- Exit the bus at Elizabeth, the second stop after passing under I-44.
- Turn right to walk west on Elizabeth for two short blocks.
- Turn left on Esther and climb gradually to Clifton Park.
- Cross the street into the park, facing the lake.
- Walk across the park passing the fountain on your left.
- Turn left on Simpson to circle the park. Keep the lake on your left and the houses on your right until you complete your circle.
- Exit the park by ascending Clifton Avenue to your left. Eclectica Antiques is ahead up the hill on your right.
- At the top of the hill turn left on Columbia to return to Hampton. The playground will be on your left as you leave the Park.
- Cross Hampton to board the #90 northbound.

To Decrease Your Steps:

- Omit circling the park on Simpson (about .5 mile).

