Ten Toes Express to Rock Hill – Webster

TOTAL WALK DISTANCE: 1 mile
This challenging walk on Rock Hill Road in Webster Groves may suggest the city should be named Webster Hills! The Helfenstein House (1860) at the high point of this walk was constructed with the help of a temporary railroad spur. Be sure you are warmed up and have done some stretches before you start.

Directions:
- Take MetroLink to Shrewsbury Station, then transfer to MetroBus #56 Kirkwood-Webster. (Sorry, no Sunday service on this route.)
- Take MetroLink to Brentwood Station, then transfer to MetroBus #59 Shaw westbound. Exit the bus at Lockwood and Rock Hill. The former streetcar loop is to your right.
  (The #56 bus travels a one-way loop to Kirkwood from this point.)
- Cross Lockwood to begin a .25 mile climb for two blocks up S. Rock Hill Road.
- Turn left on Swon for another two blocks. On your left is a stone wall marking the former Thompson estate, followed by the Plant Wildlife Sanctuary.
- Turn left on Gray to return to Lockwood. You will pass the Bristol School.
- Turn right on Lockwood to walk one block to S. Gore. Webster Books is on your right.
- Turn right on S. Gore to board the #56 eastbound as it completes a loop from Kirkwood.
- It will return you to Shrewsbury station.

OR:
- Board the #59 Shaw eastbound on Lockwood to Brentwood Station (via Elm).

This walk is an abridged version of “The Ridge at Rock Hill Rad”, a self-guided tour of 2.2 miles published by the Webster Groves Historical Society (www.historicwebster.org).