



St. Louis Senior Center on the Ten Toes Express

TOTAL WALK DISTANCE: *1 mile*

The St Louis Senior Center is conveniently located on MetroBus route #30 Soulard, giving you easy access to beautiful Tower Grove Park. This walk in the park takes you to the Pool Pavilion, where there is a Farmers Market on Saturdays April - November, and past the old stables where a horse is still kept for carriage rides. As you get familiar with the park and the bus, you will enjoy creating new walks.

Directions:

- Exit the bus near Morganford before you reach Center Cross Drive (ask the driver if you don't know where the stop is).
- Cross Arsenal St. to enter the park. A footpath meanders alongside Arsenal next to the ballfields. Turn right to get on the path.
- Turn left past the ballfields to reach the Pool Pavilion. You will cross Southwest Drive.
- Walk behind the Pool Pavilion to walk toward the other side of the park. The tennis courts will be on your right.
- Turn left on the path alongside West North Drive. The Stables and the caretaker's old stone house will be on your right.
- Follow the path to the west gates of the park on Kingshighway.
- Cross Kingshighway and turn left to return to Arsenal.

If you would like to begin with a shorter easier walk, the Center is directly across from Sublette Park. A complete circuit of this park is only .6 mile.

